**Texas Lutheran University Degree Plan**

**Bachelor of Science Kinesiology Teaching/Coaching**

**Student Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **ID#:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Prospective Graduation Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Catalog Year:** 2023-24



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| **General Education** | | | | | |
| Take the following **Foundation** requirements (18 hrs): | | | | | |
| Basic Quantitative Literacy | | | | | |
|  | *MATH 130 or 133* | | | | |
| Critical Reading | | | | | |
|  | *FREX 134 Exploring the Arts & Sciences* | | | | |
| Engaging Faith Traditions | | | | | |
|  | *THEO 133 Intro to Theology* | | | | |
| Modern Language | | | | | |
|  | *SPAN XXX First Spanish Language Course* | | | | |
| Written Communication | | | | | |
|  | *COMP 131 Composition I* | | | | |
|  | *COMP 132 Composition II* | | | | |
|  |  |  | | | |
| Take the following **Distribution** requirements (0 hrs): | | | | | |
| Arts 6hrs | | | | | |
| √ | *VART 136 Art Appreciation* | | | | |
| √ | *Arts Elective* | | | | |
| Humanities 12 hrs (no more than 2 courses/discipline) | | | | | |
| √ | *ENGL 2XX Literature* | | | | |
| √ | *HIST 131 Early North American* | | | | |
| **√** | *COMM 374 Professional Speaking* | | | | |
| **√** | *SPAN XXX Second Spanish Language Course* | | | | |
| Natural Sciences & Math 6 hrs (1 crs w/lab) | | | | | |
| √ | *BIOL 245 A&P I* | | | | |
| √ | *BIOL 246 A & P II* | | | | |
| Social Sciences 6 hrs | | | | | |
| **√** | *POLS 231 American Politics* | | | | |
| **√** | *PSYC 236 Developmental Psychology* | | | | |
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| Complete the following **Competencies**: | | | | | |
| 3 Critical Thinking Courses (T) | | |  |  |  |
| 3 Engaged Citizenship Courses (Z) | | |  |  |  |
| 2 Communication Courses (C) | | |  |  |  |
| 1 Ethics Course (E) | | |  |  |  |

**IMPORTANT**: An overall GPA of 2.0 and a major/minor GPA of 2.0 is required for graduation. All degrees require a minimum of 124 hours. It is the responsibility of the student to fulfill all degree requirements.

Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Advisor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Dept Chair: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Registrar: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **Distribution Coursework (28 hrs)** | | | |
|  | *VART 136 Art Appreciation* | | |
|  | *Arts Elective* | | |
|  | *ENGL 2XX (Literature)* | | |
|  | *HIST 131 Early North American* | | |
|  | *HIST 132 Modern North American History* | | |
|  | *BIOL 245 A&P I* | | |
|  | *POLS 231 American Politics I* | | |
|  | *SPAN XXX Second Spanish Language Course* | | |
|  | *COMM 374 Professional Speaking* | | |
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| **Education & Reading Coursework (24 hrs)** | | | |
|  | *EDUC 272 or EDUC 374* | | |
|  | *EDUC 332 Learning Processes & Evaluation* | | |
|  | *EDUC 334A US Schools* | | |
|  | *EDUC 432 Instructional Strategies (Secondary)* | | |
|  | *EDUC 438 (w/ST) Classroom Management* | | |
|  | *EDUC 462 Student Teaching* | | |
|  | *READ 436 (w/ST) Literacy in the Content Areas* | | |
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| **Academic Support Courses (37 hrs)** | | | |
|  | *BIOL 246 A & P II* | | |
|  | *ENGL 371 Advanced Composition* | | |
|  | *PSYC 236 Lifespan Development* | | |
|  | *KINS 135 Foundations of Kinesiology* | | |
|  | *KINS 244 Motor Learning* | | |
|  | *KINS 345 Physiology of Exercise* | | |
|  | *Take 1 of the following: KINS 373, 374, or 375* | | |
|  | *KINS 382 Methods of Teaching PE* | | |
|  | *KINS 433 Research design in Kinesiology* | | |
|  | *KINS 434 Senior Capstone* | | |
|  | *KINS 446 Biomechanics* | | |
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| **Select one:**  Second teaching specialization(24 hrs):  \_\_\_\_\_\_\_**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **OR** aMinor (18 hrs) in:  **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | | |
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| **Reflective Modules (3)** | | | |
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