



TLU

ATHLETIC  
TRAINING

*Learn Boldly. Live to Inspire.*

## **Master of Athletic Training Program Technical Standards for Admission and Retention**

The MAT at Texas Lutheran University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals. The technical standards set forth by the MAT program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). All students admitted to the MAT program must meet the following abilities and expectations. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted or allowed to continue the program.

1. The mental capacity to assimilate, analyze, synthesize, integrate concepts, and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
2. Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely, and efficiently use equipment and materials during the assessment and treatment of patients.
3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice.
4. The ability to record the physical examination results and a treatment plan clearly and accurately.
5. The capacity to maintain composure and continue to function well during periods of high stress.
6. The perseverance, diligence, and commitment to complete the MAT program as outlined and sequenced.
7. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
8. Affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.
9. The ability to be a positive representative of the MAT program, which includes, but is not limited to: a) showing respect for staff athletic trainers, preceptors, faculty members, fellow students, athletes, coaches, and themselves; b) taking responsibility for attending all scheduled clinical education requirements, program meetings, and classes; c) dedication to studying and completion of assignments in all coursework; d) abstention from illegal drugs; e) and compliance with all laws of the United States, the state of Texas, and of Texas Lutheran University.

Compliance with the program's technical standards does not guarantee a student's acceptance into the professional phase of the program or eligibility for the BOC certification exam. Once selected for admission to the pre-professional or professional phase of the athletic training program, students must verify they understand and meet these technical standards or that they believe that, with certain accommodations, they can meet the standards.

The Office of the Dean of Student life will evaluate a student who states he/she could meet the program's technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable laws.

In addition, the Dean of Student Life will work with the MAT program director to determine if the student can meet the technical standards with reasonable accommodation. This includes a review of whether the accommodations requested are reasonable, taking into account whether accommodation would jeopardize clinician/patient safety, or the educational process of the student, including coursework and clinical experiences deemed essential to graduation with an athletic training degree.

I certify that I have read and understand the technical standards for selection listed above, and I believe to the best of my knowledge that I meet each of these standards without accommodation. I understand that if I am unable to meet these standards I will not be admitted into the program. Further, I understand that if I am unable to meet these standards while in the program, I will be subject to disciplinary action and/or suspension.

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

***Alternative statement for students requesting accommodations.***

I certify that I have read and understand the technical standards of selection listed above and I believe to the best of my knowledge that I can meet each of these standards with certain accommodations. I will contact the Office of the Dean of Student Life to determine what accommodations may be available. I understand that if I am unable to meet these standards with or without accommodations, I will not be admitted to the program.

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

