## Texas Lutheran University Degree Plan

**Bachelor of Science in Kinesiology Rehabilitation Science**

**Student Name:** ____________________________  **ID#:** _________________________

**Prospective Graduation Date:** ________________  **Catalog Year:** 2022-23

### General Education

- Take the following **Foundation** requirements (18 hrs):
  - Basic Quantitative Literacy
    - MATH133 College Math or higher
  - Critical Reading
    - FREX134 Exploring the Arts & Sciences
  - Engaging Faith Traditions
    - THEO133 Intro to Theology
  - Modern Language
    - Foreign language at 131 level or higher*
  - Written Communication
    - COMP131 Composition I
    - COMP132 Composition II

* The language requirement can also be met by a study abroad program lasting 4 weeks.

- Take the following **Distribution** requirements (15 hrs):
  - Arts 6 hrs
  - Humanities 12 hrs (no more than 2 courses/discipline)
    - COMM 374 Professional Speaking
  - Natural Sciences & Math 6 hrs (1 crs w/lab)
    - BIOL 245 Human Anatomy & Physiology I
    - CHEM 143 General Chemistry I
  - Social Sciences 6 hrs
    - PSYC 131 Introduction to Psychology
    - PSYC 236 Developmental Psychology

- Complete the following **Competencies**:
  - 3 Critical Thinking Courses (T)
  - 3 Engaged Citizenship Courses (Z)
  - 2 Communication Courses (C)
  - 1 Ethics Course (E)

### Kinesiology Rehabilitation Science (36 hrs)

- KINS 131 Personal Well-Being
- KINS 135 Foundations of Kinesiology
- KINS 234 Motor Learning
- KINS 335 Physiology of Exercise
- KINS 376 Theory of Strength Training
- KINS 433 Research Design in Kinesiology
- KINS 434 Senior Seminar
- KINS 476 Biomechanics
- KINS 479 Exercise Testing & Prescription

9 hrs from KINS 230, 238, 333, 430, 480

### Supporting Coursework (53 hrs)

- BIOL 143 Biological Systems I
- BIOL 144 Biological Systems II
- BIOL 245 Human Anatomy & Physiology I
- BIOL 246 Human Anatomy & Physiology II
- BIOL 235 Principles of Nutrition
- BIOL 431 General Physiology
- CHEM 143 General Chemistry I
- CHEM 144 Gen CHEM II or 341 Analytical Chem
- COMM 374 Professional Speaking
- PHYS 141 General Physics I
- PHYS 142 General Physics II
- PSYC 131 Introduction to Psychology
- PSYC 236 Developmental Psychology
- PSYC 332 Psychopathology
- STAT 374 Statistics

### Electives or minor to total 124 hrs

- **122 hrs**

**IMPORTANT:** An overall GPA of 2.0 and a major/minor GPA of 2.0 is required for graduation. All degrees require a minimum of 124 hours. It is the responsibility of the student to fulfill all degree requirements.

**Student:** ____________________________  **Advisor:** _________________________  **Dept Chair:** __________________________

**Registrar:** _________________________  **Date:** __________________________