



Texas Lutheran University Degree Plan

Bachelor of Science in Kinesiology Rehabilitation Science

Student Name: _____ ID#: _____

Prospective Graduation Date: _____ Catalog Year: 2021-22

| General Education | |
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| Take the following Foundation requirements (18 hrs): | |
| Basic Quantitative Literacy | |
| | <i>MATH133 College Math or higher</i> |
| Critical Reading | |
| | <i>FREX134 Exploring the Arts & Sciences</i> |
| Engaging Faith Traditions | |
| | <i>THEO133 Intro to Theology</i> |
| Modern Language | |
| | <i>Foreign language at 131 level or higher*</i> |
| Written Communication | |
| | <i>COMP131 Composition I</i> |
| | <i>COMP132 Composition II</i> |

* The language requirement can also be met by a study abroad program lasting 4 weeks.

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| Take the following Distribution requirements (15 hrs): | |
| Arts 6 hrs | |
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| Humanities 12 hrs (no more than 2 courses/discipline) | |
| ✓ | <i>COMM 374 Professional Speaking</i> |
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| Natural Sciences & Math 6 hrs (1 crs w/lab) | |
| ✓ | <i>BIOL 245 Human Anatomy & Physiology I</i> |
| ✓ | <i>CHEM 143 General Chemistry I</i> |
| Social Sciences 6 hrs | |
| ✓ | <i>PSYC 131 Introduction to Psychology</i> |
| ✓ | <i>PSYC 236 Developmental Psychology</i> |

| Complete the following Competencies : | | | |
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| 3 Critical Thinking Courses (T) | | | |
| 3 Engaged Citizenship Courses (Z) | | | |
| 2 Communication Courses (C) | | | |
| 1 Ethics Course (E) | | | |

| Reflective Modules (3) | |
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| Kinesiology Rehabilitation Science (36 hrs) | |
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| | <i>KINS 131 Personal Well-Being</i> |
| | <i>KINS 135 Foundations of Kinesiology</i> |
| | <i>KINS 234 Motor Learning</i> |
| | <i>KINS 335 Physiology of Exercise</i> |
| | <i>KINS 376 Theory of Strength Training</i> |
| | <i>KINS 433 Measurement & Evaluation</i> |
| | <i>KINS 434 Senior Seminar</i> |
| | <i>KINS 476 Biomechanics</i> |
| | <i>KINS 479 Exercise Testing & Prescription</i> |
| 9 hrs from KINS 230, 238, 333, 430, 480 | |
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| Supporting Coursework (53 hrs) | |
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| | <i>BIOL 143 Biological Systems I</i> |
| | <i>BIOL 144 Biological Systems II</i> |
| | <i>BIOL 245 Human Anatomy & Physiology I</i> |
| | <i>BIOL 246 Human Anatomy & Physiology II</i> |
| | <i>BIOL 235 Principles of Nutrition</i> |
| | <i>BIOL 431 General Physiology</i> |
| | <i>CHEM 143 General Chemistry I</i> |
| | <i>CHEM 144 Gen CHEM II or 341 Analytical Chem</i> |
| | <i>COMM 374 Professional Speaking</i> |
| | <i>PHYS 141 General Physics I</i> |
| | <i>PHYS 142 General Physics II</i> |
| | <i>PSYC 131 Introduction to Psychology</i> |
| | <i>PSYC 236 Developmental Psychology</i> |
| | <i>PSYC 332 Psychopathology</i> |
| | <i>STAT 374 Statistics</i> |

| Electives or minor to total 124 hrs | |
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| | |

122 hrs

IMPORTANT: An overall GPA of 2.0 and a major/minor GPA of 2.0 is required for graduation. All degrees require a minimum of 124 hours. It is the responsibility of the student to fulfill all degree requirements.

Student: _____ Advisor: _____ Dept Chair: _____

Registrar: _____ Date: _____