## General Education

**Take the following Foundation requirements (18 hrs):**

- Basic Quantitative Literacy
  - MATH 130 or 133
- Critical Reading
  - FREX 134 Exploring the Arts & Sciences
- Engaging Faith Traditions
  - THEO 133 Intro to Theology
- Modern Language
  - SPAN XXX First Spanish Language Course
- Written Communication
  - COMP 131 Composition I
  - COMP 132 Composition II

**Take the following Distribution requirements (0 hrs):**

- Arts 6hrs
  - VART 136 Art Appreciation
  - Arts Elective
- Humanities 12 hrs (no more than 2 courses/discipline)
  - ENGL 2XX Literature
  - HIST 131 Early North American
  - COMM 374 Professional Speaking
  - SPAN XXX Second Spanish Language Course
- Social Sciences 6 hrs
  - BIOL 245 A&P I
  - BIOL 246 A & P II
  - POLS 231 American Politics
  - PSYC 236 Developmental Psychology

**Complete the following Competencies:**

- 3 Critical Thinking Courses (T)
- 3 Engaged Citizenship Courses (Z)
- 2 Communication Courses (C)
- 1 Ethics Course (E)

## Distribution Coursework (28 hrs)

- VART 136 Art Appreciation
- Arts Elective
- ENGL 2XX (Literature)
- HIST 131 Early North American
- HIST 132 Modern North American History
- BIOL 245 A&P I
- POLS 231 American Politics I
- SPAN XXX Second Spanish Language Course
- COMM 374 Professional Speaking

## Education & Reading Coursework (24 hrs)

- EDUC 272 or EDUC 374
- EDUC 332 Learning Processes & Evaluation
- EDUC 334A US Schools
- EDUC 432 Instructional Strategies (Secondary)
- EDUC 438 (w/ST) Classroom Management
- EDUC 462 Student Teaching
- READ 436 (w/ST) Literacy in the Content Areas

## Academic Support Courses (34 hrs)

- BIOL 246 A & P II
- ENGL 371 Advanced Composition
- PSYC 236 Developmental Psychology
- KINS 135 Foundations of Kinesiology
- KINS 234 Motor Learning
- KINS 335 Physiology of Exercise
- Take 1 of the following: KINS 373, 374, or 375
- KINS 382 Methods of Teaching PE
- KINS 433 Research design in Kinesiology
- KINS 434 Senior Capstone
- KINS 476 Biomechanics

**Select one:**

- Second teaching specialization (24 hrs):
  
  OR a Minor (18 hrs) in:

  

## Reflective Modules (3)

**IMPORTANT:** An overall GPA of 2.0 and a major/minor GPA of 2.0 is required for graduation. All degrees require a minimum of 124 hours. It is the responsibility of the student to fulfill all degree requirements.