



Texas Lutheran University Degree Plan

Bachelor of Science Kinesiology Teaching/Coaching

Student Name: _____ ID#: _____

Prospective Graduation Date: _____ Catalog Year: 2021-22

| General Education | |
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| Take the following Foundation requirements (18 hrs): | |
| Basic Quantitative Literacy | |
| | <i>MATH 130 or 133</i> |
| Critical Reading | |
| | <i>FREX 134 Exploring the Arts & Sciences</i> |
| Engaging Faith Traditions | |
| | <i>THEO 133 Intro to Theology</i> |
| Modern Language | |
| | <i>SPAN XXX First Spanish Language Course</i> |
| Written Communication | |
| | <i>COMP 131 Composition I</i> |
| | <i>COMP 132 Composition II</i> |

| Take the following Distribution requirements (0 hrs): | |
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| Arts 6hrs | |
| ✓ | <i>VART 136 Art Appreciation</i> |
| ✓ | <i>Arts Elective</i> |
| Humanities 12 hrs (no more than 2 courses/discipline) | |
| ✓ | <i>ENGL 2XX Literature</i> |
| ✓ | <i>HIST 131 Early North American</i> |
| ✓ | <i>COMM 374 Professional Speaking</i> |
| ✓ | <i>SPAN XXX Second Spanish Language Course</i> |
| Natural Sciences & Math 6 hrs (1 crs w/lab) | |
| ✓ | <i>BIOL 245 A&P I</i> |
| ✓ | <i>BIOL 246 A & P II</i> |
| Social Sciences 6 hrs | |
| ✓ | <i>POLS 231 American Politics</i> |
| ✓ | <i>PSYC 236 Developmental Psychology</i> |

| Complete the following Competencies : | | | |
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| 3 Critical Thinking Courses (T) | | | |
| 3 Engaged Citizenship Courses (Z) | | | |
| 2 Communication Courses (C) | | | |
| 1 Ethics Course (E) | | | |

| Distribution Coursework (28 hrs) | |
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| | <i>VART 136 Art Appreciation</i> |
| | <i>Arts Elective</i> |
| | <i>ENGL 2XX (Literature)</i> |
| | <i>HIST 131 Early North American</i> |
| | <i>HIST 132 Modern North American History</i> |
| | <i>BIOL 245 A&P I</i> |
| | <i>POLS 231 American Politics I</i> |
| | <i>SPAN XXX Second Spanish Language Course</i> |
| | <i>COMM 374 Professional Speaking</i> |

| Education & Reading Coursework (24 hrs) | |
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| | <i>EDUC 272 or EDUC 374</i> |
| | <i>EDUC 332 Learning Processes & Evaluation</i> |
| | <i>EDUC 334A US Schools</i> |
| | <i>EDUC 432 Instructional Strategies (Secondary)</i> |
| | <i>EDUC 438 (w/ST) Classroom Management</i> |
| | <i>EDUC 462 Student Teaching</i> |
| | <i>READ 436 (w/ST) Literacy in the Content Areas</i> |

| Academic Support Courses (34 hrs) | |
|-----------------------------------|---|
| | <i>BIOL 246 A & P II</i> |
| | <i>ENGL 371 Advanced Composition</i> |
| | <i>PSYC 236 Developmental Psychology</i> |
| | <i>KINS 135 Foundations of Kinesiology</i> |
| | <i>KINS 234 Motor Learning</i> |
| | <i>KINS 335 Physiology of Exercise</i> |
| | <i>Take 1 of the following: KINS 373, 374, or 375</i> |
| | <i>KINS 382 Methods of Teaching PE</i> |
| | <i>KINS 433 Research design in Kinesiology</i> |
| | <i>KINS 434 Senior Capstone</i> |
| | <i>KINS 476 Biomechanics</i> |

| Choose either a second teaching specialization or a minor (18-24 hours) | | | |
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| Reflective Modules (3) | |
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IMPORTANT: An overall GPA of 2.0 and a major/minor GPA of 2.0 is required for graduation. All degrees require a minimum of 124 hours. It is the responsibility of the student to fulfill all degree requirements.

Student: _____ Advisor: _____ Dept Chair: _____

Registrar: _____ Date: _____